

Best First Watch Juice Bar Menu: Prices & Calories 2026

First Watch Juice Bar menu prices, calories, ingredients, and key benefits based on the provided content.

First Watch Fresh Juice Menu: Prices & Calories (2026)

Juice	Price	Calories	Ingredients	Key Benefit
Morning Meditation	\$5.79	140 Cal.	Orange, turmeric, lemon, ginger, and beet	Supports immunity and healthy digestion
Purple Haze	\$5.29	230 Cal.	Lemon, lavender, cane sugar, and butterfly pea flower	Provides vitamins with a refreshing, calming blend
Kale Tonic	\$5.29	130 Cal.	Kale, lemon, Fuji apple, and cucumber	Packed with antioxidants and fresh nutrients

First Watch Juice Bar: Drinks, Prices & Images

Juice Bar Drink	Price	Calories
Morning Wellness Drink	\$5.79	140
Berry Haze Drink	\$5.29	230
Green Vitality Juice	\$5.29	130
Sunshine Fruit Blend	\$7.90	130

Healthiest Choice Mentioned: Kale Tonic — \$5.29 and 130 calories. The provided content describes it as a lighter choice made with kale, cucumber, apple, and lemon.

Note: This PDF reproduces the prices and calorie figures supplied in the provided content. Prices and menu availability may vary by location.