

First Watch McDonough Menu 2026 – Prices

Breakfast Favorites & Prices

Breakfast Item	Price	What You Get
The Traditional	\$12.99	Two eggs prepared your way, protein choice and seasoned breakfast potatoes.
Bacado Omelet	\$13.79	Bacon, avocado, Monterey Jack, sour cream and pico de gallo.
French Toast	\$11.49	Custard-soaked toast with whipped butter, cinnamon sugar and warm berry compote.
Farmhouse Hash	\$13.79	Seasoned potatoes, eggs, vegetables and melted cheese.
Belgian Waffle	\$10.79	Golden waffle served with sweet berry compote.
The Trifecta	\$12.99	Breakfast combination of several morning favorites.
Avocado Toast	\$11.99	Whole-grain toast with avocado, lemon, olive oil and sea salt.
Million Dollar Bacon	\$7.30	Thick-cut bacon with a caramelized sweet-and-spicy finish.
The Works Omelet	\$12.78	Ham, bacon, sausage, mushrooms, onions, tomatoes, cheeses and sour cream.

Lunch & Brunch Menu with Prices

Menu Item	Price	Description
Pesto Chicken Quinoa Bowl	\$15.07	Popular lunch/brunch choice mentioned in the source.
Power Breakfast Quinoa Bowl	\$12.49	Filling quinoa bowl option mentioned in the source.
Monterey Club Sandwich	\$12.79	Sandwich option mentioned in the source.
Superfood Kale Salad	\$12.29	Kale with roasted carrots and maple-lemon dressing.
Chicken Avocado Chop Salad	\$12.29	Chicken, avocado and crisp ingredients.
Honey Pecan Salad	\$12.29	Sweet and savory salad with satisfying crunch.
Cobb Salad	\$12.29	Greens, bacon, egg, avocado and blue cheese.
Roast Beef & Havarti Sandwich	\$14.29	Roast beef and Havarti cheese with soup or salad.
Market Veggie Sandwich	\$11.99	Hummus, roasted mushrooms, zucchini and spinach.

Juice Bar & Specialty Drinks

Drink	Price	Description
Morning Meditation	\$3.99	Orange, lemon, turmeric and beet flavors.
Kale Tonic	\$5.29	Kale, apple, cucumber and lemon.

First Watch vs. Other Breakfast Restaurants – Price Range

Restaurant	Price Range
First Watch	\$9 – \$16

Restaurant	Price Range
IHOP	\$7 – \$14
Waffle House	\$5 – \$12
Local Cafés	\$8 – \$15