

Delicious First Watch Pancakes, Waffles & Griddle Menu 2026

First Watch griddle menu prices, calories, and item details based on the provided content.

Overview of the First Watch Griddle Menu

Item	Price	Ingredients
Belgian Waffle	\$10.79	Waffle batter, whipped butter, warm mixed berries, powdered cinnamon sugar.
French Toast	\$11.49	Custard-dipped bread with egg and milk, whipped butter, powdered cinnamon sugar, warm mixed berries.
Multigrain Pancake	\$7.49	Whole grains, flour, milk or buttermilk, eggs, butter or oil, and sweetener.
Two Multigrain Pancakes	\$9.49	Two multigrain pancakes made with whole grains, flour, milk or buttermilk, eggs, butter or oil, and sweetener.
Lemon Ricotta Pancakes	\$12.51	Multigrain pancake batter, whipped ricotta cheese, lemon curd, fresh berries, powdered cinnamon sugar.
Floridian French Toast	\$13.50	Thick-cut brioche bread, seasonal berries, fresh banana, kiwi, powdered cinnamon sugar.

Griddle Menu Items with Updated Prices and Calories

Griddle Menu Item	Price	Calories
Classic Waffle	\$10.79	440
French Toast	\$11.49	660
French Toast	\$11.49	670
Double Multigrain Pancakes	\$12.60	949
Lemon Ricotta Hotcakes	\$11.49	660
Tropical French Toast	\$13.49	730

Price range in the provided content: \$7.49–\$13.50 for the six overview griddle items.

Lightest choice mentioned: Belgian Waffle at about 440 calories.

Note: This PDF uses the prices and calorie figures supplied in the provided content. Menu prices and availability may vary by location.