

First Watch Seasonal Menu 2026

New seasonal items, prices, calories, and nutrition information compiled directly from the supplied content.

Summer Seasonal Menu — New Items & Prices

Summer Seasonal Item	Price Range
Million Dollar Breakfast Sandwich	\$14.99–\$16.49
Chipotle Steak & Queso Hash	\$15.99–\$17.49
Banana Brittle French Toast	\$13.99–\$15.49
Honey Butter Biscuit Bites	\$6.99–\$8.49
Watermelon Wake-Up	\$5.99–\$6.99
Spiked Watermelon Wake-Up	\$9.99–\$11.99

New Seasonal Specials — Nutrition Facts 2026

Seasonal Menu Item	Calories	Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)
Million Dollar Breakfast Sandwich	860	60	24	0	285	1,280	51	3	17	13	26
Chipotle Steak & Queso Hash	1,470	91	33	0	545	3,920	95	14	8	0	57
Banana Brittle French Toast	1,010	52	21	0	420	2,130	111	6	57	41	26
Honey Butter Biscuit Bites	790	39	21	0	25	2,290	97	3	30	25	12
Watermelon Wake-Up	120	0	0	0	0	10	31	2	25	3	2

Previous Seasonal Menu Items

Previous Seasonal Menu Item	Price	Calories
Million Dollar Bacon	\$7.30	250 Cal.
Elote Breakfast Burrito	\$17.53	1,570 Cal.
Strawberry Tres Leches French Toast	\$17.16	840 Cal.
Blueberry Lemon Cornbread	\$7.53	1,040 Cal.
Shrimp & Grits	\$17.97	710 Cal.

Note: The supplied content states that prices, ingredients, portions, preparation methods, and availability may vary by location, and that the seasonal items are limited-time offerings.